

The CPD programme for SAJCH is administered by Medical Practice Consulting.  
CPD questionnaires must be completed online at [www.mpconsulting.co.za](http://www.mpconsulting.co.za)

## **Sociodemographic factors associated with mixed-feeding practices among a cohort of mothers with infants aged 4 - 14 weeks in Tlokwe subdistrict, North West Province, South Africa**

1. How many public health facilities were involved in the study?
  - a. 12
  - b. 3
  - c. 5
  - d. 8
2. An improvement was seen after applying Hosmer-Lemeshow test. Which sociodemographic variables showed a significant value?
  - a. Age and exclusive breastfeeding
  - b. Increased parity and mixed feeding
  - c. Increased parity and breastfeeding
  - d. Household income and mixed feeding
3. Which sociodemographic variable was seen as a trend of association with infant feeding practices?
  - a. Mother's age
  - b. Employment status
  - c. Child support grant
  - d. Relationship status

## **Food provision in early childhood development centres in Harare, Zimbabwe**

4. What is the importance of assessing dietary diversity?
  - a. To know the number of calories in food.
  - b. To determine nutritional adequacy of the diet.
  - c. To prevent undernutrition.
  - d. None of the above.
5. Which external factors affected food procurement in ECDCs in Zimbabwe?
  - a. Cost and availability.
  - b. Availability of electricity and fuel for cooking.
  - c. Both of the above.
  - d. None of the above.
6. What is the importance of cleaning utensils between serving raw and cooked food?
  - a. To avoid transferring different flavours.
  - b. To prevent cross contamination.
  - c. To prevent food spoilage.
  - d. None of the above.

## **Children and adolescents with diabetes at Tygerberg Hospital – at risk of cardiovascular complications?**

7. Dyslipidaemia in paediatric and adolescent diabetic patients in Tygerberg Hospital was diagnosed in
  - a. more than a quarter of the patients
  - b. more than a third of the patients
  - c. more than half of the patients
  - d. more than three quarters of the patients.
8. Poor glycaemic control was seen in
  - a. 39.5% of the assessed patients.
  - b. 53.9% of the assessed patients.
  - c. 71.7% of the assessed patients.
  - d. 93.5% of the assessed patients.

## **Association between physical fitness and anthropometric, cardiovascular and socioeconomic risk factors in primary schoolchildren in KwaZulu-Natal Province, South Africa**

9. In this study, girls weighed significantly more than boys and had a
  - a. significantly higher body mass index, waist and hip circumference and performed better in SLJ and CBT.
  - b. significantly higher body mass index, waist and hip circumference.
  - c. significantly higher body mass index, waist and hip circumference and performed better in 5m-SRT.
  - d. significantly higher body mass index, waist and hip circumference and performed better SLJ in 5mSRT.
10. Cardiorespiratory fitness was assessed using the 5m-SRT and included
  - a. primary school between 6 - 13 years
  - b. primary school between 6 - 11 years
  - c. primary school between 6 - 10 years
  - d. primary school between 6 - 14 years
11. Upper body fitness was measured using the CBT test and entailed
  - a. The child throwing a 135 g Dunlop Cricket ball as far as possible with a restraining line marked out for where the child needed to stand and no run up was allowed.
  - b. The child throwing a 135 g Dunlop Cricket ball as far as possible with a restraining line marked out for where the child needed to stand with a run up allowed.
  - c. The child throwing a 135 g Dunlop Cricket ball as far as possible with a restraining line marked 3 m out for where the child needed to stand and no run up was allowed.

A maximum of 3 CEUs will be awarded per correctly completed test.  
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- d. The child throwing a 135 g Dunlop Cricket ball as far as possible with a restraining line marked 3 m out for where the child needed to stand with a run up allowed.

**Magnetic resonance imaging findings and the clinical characteristics of children with cerebral palsy at a public sector hospital in Gauteng Province, South Africa**

12. Which type of brain lesion on MRI is most associated with prematurity or early third trimester brain injury?
- Maldevelopments
  - Predominant white matter injury
  - Predominant grey matter injury
  - Miscellaneous MRI findings

13. What was the most common MRI finding in the cohort presented in this study
- Maldevelopments
  - Predominant white matter injury
  - Predominant grey matter injury
  - Miscellaneous MRI findings

14. The MRI classification for CP developed by the SCPE can only be used for rating by a trained radiologist. (True/False)

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