

SAPA NEWS

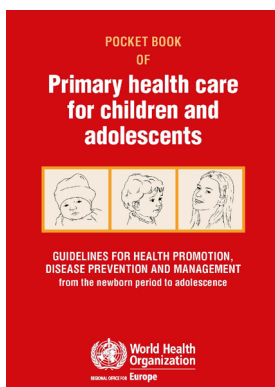
CLIMATE CHANGE FOR THE PAEDIATRICIAN

Concerns around climate change have been on the child health agenda for a few years, but being such a big issue, it can be difficult for many of us to relate it to ourselves, our families, our patients and our practice. For an overview of the impact of climate change on the health of children, start by reading **Climate Change and the Health of Children in Southern Africa – The Time to Act is Now**, an editorial in the Wits Journal of Clinical Medicine. The Climate Emergency issue provides multiple articles on the effect of climate change on various disease entities and organ systems.

To grow your understanding of the science behind climate change, watch **this video** from hhmi BioInteractive, which provides a simple overview. For ideas on how we might consider reducing our contributions to the climate emergency day to day, listen to the Zoe Nutrition and Science podcast on **'How your food choices affect the planet'**. In addition, the SAPA webinar on Climate Change summarises many of these concepts, which can be viewed on the **SAPA YouTube channel**.

PAEDIATRIC HOSPITAL LEVEL STANDARD TREATMENT GUIDELINES AND ESSENTIAL MEDICINES LIST

The National Department of Health runs an Essential Drugs Programme, ensuring evidence-based treatment guidelines and ensures equitable access to medications that we use daily in patient care. Previously, the guidelines were printed and available at no cost through the public health facility pharmacies. The transition to an exclusively electronic distribution of these materials allows everyone to access these materials as they are updated, rather than waiting the for a updated edition to be published every 3 years. Standard Treatment Guidelines for common illnesses at various levels of care are provided. There is a primary health care STG and EML, one each for paediatric and adult hospital level and one for conditions requiring care at a tertiary or quaternary level facility. Access this resource at via the **NDOH Knowledge Hub** or on the **EMGuidance app**.



POCKET BOOK OF PRIMARY HEALTH CARE FOR CHILDREN AND ADOLESCENTS: GUIDELINES FOR HEALTH PROMOTION, DISEASE PREVENTION AND MANAGEMENT FROM THE NEWBORN PERIOD TO ADOLESCENCE (2022)

The Pocket book of primary care is an excellent publication from the World Health Organisation for all paediatricians who need guidance on the promotive and preventive care that children need at various life stages. Such information is key to achieving the goal of thriving kids, moving beyond just survival. **Click here** to view and download the pocket book and let us know if it helps your practice.

MEDED ON THE GO

As medical education has evolved, **MedEd on the Go** is an app that aims to meet the needs of busy clinicians who want to keep up to date with the latest information on paediatric topics that we encounter daily. With micro-learning episodes (4 minute videos) available on topics like Smart approaches to antimicrobials & antibiotics for neonates, Venous thromboembolism in children,

Neurodevelopmental outcomes in preterm infants and as well as a flipped classroom on ECMO, this is a wealth of information that is accessible and useful to paediatricians as well as trainees.

SAVE THE DATE! SAPA CONFERENCE 2023

The biennial SAPA conference will take place at The Capital on the Park, Sandton from 8-10 September 2023. Visit the **conference website** for an overview of the programme and be sure to diarise the dates. This will be an opportunity to meet colleagues and experts in various topics related to child health. There will also be interactive workshops as well as opportunities for researchers to showcase their work.

SAPA 2023

8 - 10 September 2023

The Capital on the Park, Sandton
paediatrics.org.za/conference

