

The CPD programme for SAJPH is administered by Medical Practice Consulting.
CPD questionnaires must be completed online at www.mpconsulting.co.za.

1. Bipolar disorder (BD) is characterized by all of the following EXCEPT:

- a. It is a severe mental illness
- b. It is associated with multimorbidity
- c. It could cause psychosocial disability
- d. It usually manifests in old age.

2. Bipolar disorder affects the following functions EXCEPT

- a. auditory function
- b. sustained attention
- c. working memory
- d. verbal learning.

3. First line of treatment for Bipolar disorder is:

- a. Lamotrigine
- b. Lithium
- c. Quetiapine
- d. Valproate

4. The most important factor in reducing the prevalence of stroke in South African setting is:

- a. antihypertensive agents such as labetalol
- b. osmotic diuretics such as mannitol
- c. prevention of cerebrovascular accidents
- d. surgical treatment

5. Globally second leading infectious killer after COVID-19 in 2021 was:

- a. dengue
- b. HIV
- c. malaria
- d. tuberculosis

6. Implementation research in low- and middle-income countries (LMICs) is affected by the following factors EXCEPT:

- a. community safety
- b. cultural determinants of health
- c. social determinants of health
- d. lack of interest from researchers from LMIC

7. Which one of the following statement is TRUE for Gini coefficient?

- a. High Gini coefficient indicates extreme inequalities
- b. High Gini coefficient indicates low inequalities
- c. South Africa has a low Gini coefficient
- d. Sweden has a high Gini coefficient

8. Which one of the following statement is FALSE for households in South Africa?

- a. Grandmothers are often seen as the caregivers in the households
- b. Only one family member works to support the households
- c. They consist only of biological relatives
- d. They may include friends and extended families

9. Which one of the following statement is FALSE for smart phone use?

- a. Smartphone addiction is common among middle-aged population.
- b. Some smartphone users show signs of problematic behaviours similar to substance use disorders.
- c. Some smart phone users may develop obsession with mobile communication leading to unpleasant effects on relationships.
- d. Some smartphone users spend prolong time on mobile devices, whether for social, leisure or work activities.

10. Smartphone applications is characterised by:

- a. Practical inflexibility
- b. Cost
- c. Improved patient communication
- d. Clinically ineffective

11. In South Africa government funded public sector serving 100% of the population. (True/ False)

12. The theme of the seventh public health medicine conference 2023 was population health and preventive medicine. (True/ False)

A maximum of 3 CEUs will be awarded per correctly completed test.

INSTRUCTIONS

1. Read the journal. All the answers will be found there, in print or online.
2. Go to www.mpconsulting.co.za to answer the questions.

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