

CPD questionnaires must be completed online at <https://members.samedical.org>

1. The Africa Health Strategy (2007-2015), prompted by the African Union ministers of health provided an approach for addressing all of the following EXCEPT

- (a) Access to surgical interventions
- (b) catering for most marginalized and displaced of peoples
- (c) preventable disease, disability and death
- (d) strengthening health systems for equity and development,

2. Citizen science can be divided into the following broad areas EXCEPT:

- (a) co-created
- (b) collaborative
- (c) comprehensive
- (d) contributory

3. 'Three Delays Model' identifies which of the following factors that may stop women and girls accessing the maternal health care they need:

- (a) delays in seeking care.
- (b) delays in reaching a health facility.
- (c) delays in receiving appropriate care.
- (d) all of the above.

4. Autism was listed by the Diagnostic and Statistical Manual of Mental Disorders (4th edition (DSM 4, 2000) as a psychiatric condition with the following criteria delays or abnormal functioning in at least one of the following areas, with onset prior to age three years:

- (a) Qualitative impairment in social interaction,
- (b) Qualitative impairment in communication language as used in social communication,
- (c) Restricted, repetitive and stereotyped patterns of behaviour, interests and activities
- (d) Any of the above.

5. Which of the following statement is TRUE for Autistic Spectrum Disorder (ASD)?

- (a) The actual prevalence of ASD in the population is normally distributed
- (b) The pattern of increasing prevalence figures is inconsistent with expanding diagnostic boundaries.
- (c) There is disproportionate decrease in the number of individuals diagnosed with ASD.

- (d) There is an increase in number of people being tested for ASD.

6. Which of the following statement is TRUE for Autistic Spectrum Disorder (ASD)?

- (a) Estimates of autism in the population remained unchanged over time.
- (b) The actual prevalence of ASD in the population is distributed normally.
- (c) There are adequate resources available to support screening, diagnosis and treatment of ASD in South Africa.
- (d) Increased diagnoses of mental health conditions could lead to increased prescribing of medications.

7. Which of the following statement is TRUE for Monkey-Pox disease?

- (a) Monkeypox is a zoonotic parasitic disease.
- (b) The first human case was identified in a 9-month-old in Denmark in 1970.
- (c) The World Health Organization identified MPXV as a public health emergency of international concern recently in August 2024.
- (d) Historically, the virus had a high case fatality rate (CFR)

8. MPXV belongs to the Orthopoxvirus genus of viruses which includes all of the following EXCEPT

- (a) cowpox
- (b) vaccinia
- (c) smallpox
- (d) mumps

9. Which of the following statement is TRUE for HIV testing and screening in Africa?

- (a) In West and Central Africa 90% of people living with HIV know their status serology of HIV infection
- (b) Early identification of HIV infection would thus improve the effectiveness of the medical management of AIDS-related pathologies.
- (c) Rapid diagnostic tests (RDTs) are not useful in overcoming the challenges of access to healthcare by offering a rapid and effective screening solution.
- (d) Currently, the World Health Organization does not recommend self-testing for HIV.

A maximum of 3 CEUs will be awarded per correctly completed test.

INSTRUCTIONS

1. Read the journal. All the answers will be found there, in print or online.
2. Go to <https://members.samedical.org> to answer the questions.

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10. Which of the following statement is TRUE for health technology assessment (HTA) in South Africa?

- (a) In accordance with the National Health Insurance Act enhancing Health Technology Assessment (HTA) capabilities for pharmaceuticals and other health technologies will be a vital component of South Africa's NHI.
- (b) Pillar 2 of the Presidential Health Compact proposed a rapid assessment of the relative benefits of various therapeutic options of treating a disease at the population level, necessitating a budgeted HTA.
- (c) The European Network for HTA (EUnetHTA) Handbook on HTA Capacity Building applies to South Africa
- (d) South Africa established a formal institution for HTA.

11. Young Executive Leaders (YEL) Program offered by International Hospital Federation annually for selected young executives to improve their management and leadership skills and network internationally. (T/F)**12. The 'looping effect' implies labelling of a medical condition could change patients' self-perception, their behaviour and ultimately the presenting symptoms themselves. (T/F)**