

CPD questionnaires must be completed online at <https://members.samedical.org/>

Please note: The change in CPD question format comes from the accreditation bodies, who have informed us that CPD questionnaires must consist of a minimum of 5 questions, 80% of which should be MCQs with a minimum of 4 options and only 20% of which may now be in the form of 'True or false' answers.

MCQs may be of 'single correct answer' or 'multiple correct answer' format. Where the question states that more than one answer is correct, choose more than one of *i, ii, iii* or *iv* (anything from two to all answers may be correct), and then select the correct combination from answers a, b, c or d. Where the question states that only one answer is correct, mark the single answer that you think is correct.

Regarding post-colonoscopy colorectal cancers in privately insured patients

1. Which of the following criteria are used to assess the quality of colonoscopy? (more than one answer is correct)

- i.* adenoma detection rate
- ii.* withdraw time
- iii.* dysplasia in the colon and rectum
- iv.* good bowel preparation.

- a. *i, ii, iii, iv*
- b. *i, ii*
- c. *ii, iii*
- d. *i, ii, iv.*

2. At what stage did most patients present in the study 'Post-colonoscopy colorectal cancers in privately insured patients in South Africa'? (one answer is correct)

- a. 1
- b. 2
- c. 3
- d. 4.

Regarding the impact of pharmacist-prescriber partnerships to track antibiotic prescribing in publicly funded primary care

3. What infections form the bulk of all prescriptions in primary care? (one answer is correct)

- a. urinary tract infections
- b. respiratory tract infections
- c. bowel infections
- d. sinus infections.

4. How many antibiotic prescriptions were randomly selected monthly for peer review in the de Vries *et al.* study? (one answer is correct)

- a. 4
- b. 6
- c. 8
- d. 10.

Regarding the management and clinical outcome of paracetamol poisoning in South African adults

5. Which of the following is the most common non-prescription medication used for deliberate self-harm in Botswana and South Africa (SA)? (one answer is correct)

- a. aspirin
- b. codeine

- c. paracetamol
- d. meperidine.

6. Which of the following characteristics are correct for patients who were admitted with paracetamol poisoning in the study 'The management and clinical outcome of paracetamol poisoning in South African adults: A single-centre retrospective review'? (more than one answer is correct)

- i.* mostly female
- ii.* mostly male
- iii.* young
- iv.* elderly.

- a. *i, iii*
- b. *i, ii, iv*
- c. *i, ii, iii, iv*
- d. *ii, iv.*

Regarding prevalence, associated factors, management and outcomes of hypokalaemia

7. Which of the following statements is correct? (one answer is correct)

- a. The normal serum potassium concentration (K⁺) is tightly regulated within a narrow range of 3.5 - 5.0 mmol/L.
- b. The normal K⁺ is tightly regulated within a narrow range of 4.5 - 5.5 mmol/L.
- c. The normal K⁺ is tightly regulated within a narrow range of 5.5 - 6.0 mmol/L.
- d. The normal K⁺ is tightly regulated within a narrow range of 6.5 - 7.0 mmol/L.

8. Which of the following are the most concerning manifestations associated with moderate to severe hypokalaemia? (more than one answer is correct)

- i.* muscle weakness
- ii.* polyuria
- iii.* polydipsia
- iv.* life-threatening arrhythmias.

- a. *i, iii*
- b. *i, ii, iii*
- c. *ii, iii, iv*
- d. *i, iv.*

A maximum of 3 CEUs will be awarded per correctly completed test.

INSTRUCTIONS

1. Read the journal. All the answers will be found there.
2. Go to <https://members.samedical.org/> to answer the questions.

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Regarding the role of district clinical specialist teams in maternal health outcomes in a South African district

9. What was the maternal mortality ratio globally in 2017? (one answer is correct)
- 111 per 100 000 live births
 - 211 per 100 000 live births
 - 311 per 100 000 live births
 - 411 per 100 000 live births.
10. Which of the following constitute the pillars of the district clinical specialist team's policy framework? (more than one answer is correct)
- clinical effectiveness
 - responsible development
 - professional development
 - clinical risk management.
- i, ii, iv*
 - i, iii, iv*
 - ii, iii, iv*
 - ii, iii.*

Regarding paediatric nephroblastoma at a South African tertiary hospital

11. Which of the following is the most common form of renal cancer in children aged <15 years? (one answer is correct)
- nephroadenoma
 - nephrosarcoma
 - nephroblastoma
 - nephroadenosarcoma.
12. Which of the following factors had statistically significant increased mortality odds in the study 'Paediatric nephroblastoma at a South African tertiary hospital: A 21-year retrospective analysis'? (more than one answer is correct)
- age of onset
 - high-risk stratification
 - unfavourable histology
 - metastasis to the lung and to multiple sites.
- i, iii, iv*
 - i, ii, iii*
 - ii, iii, iv*
 - iii, iv.*

Regarding tobacco control research in South Africa from 1978 to 2022

13. Which of the following statements is correct regarding the findings of the 2021 Global Adult Tobacco Survey? (one answer is correct)
- Nearly 26% of adult South Africans aged ≥15 years smoke tobacco.
 - Nearly 36% of adult South Africans aged ≥15 years smoke tobacco.
 - Nearly 46% of adult South Africans aged ≥15 years smoke tobacco.
 - Nearly 56% of adult South Africans aged ≥15 years smoke tobacco.
14. The prevalence of tobacco use in SA is: (one answer is correct)
- 9.4%
 - 19.4%
 - 29.4%
 - 39.4%.

Regarding the synergistic health syndemic of HIV and cancer of the cervix in women living with HIV in sub-Saharan Africa

15. Which of the following statements are true regarding women living with HIV compared with women without HIV? (more than one answer is correct)
- They are at increased risk of human papillomavirus (HPV) acquisition.
 - They are at increased risk of persistent HPV infection.
 - They are at increased risk of faster progression to cervical dysplasia and cancer.
 - They are at increased risk of ovarian cancer.
- i, ii, iv*
 - i, iii, iv*
 - i, ii, iii*
 - ii, iii, iv.*

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