

Clinical Practice Guideline For The Management Of Obesity In Adults In South Africa

The first clinical practice guideline for treatment of adult obesity in South Africa is to be welcomed as a valuable tool in the management of obesity in the country. This guideline, an adaptation of the comprehensive document produced by Obesity Canada, and which has also been adapted for use in several countries, has been customised to respond to South Africa's local context and needs and is published in this Special Issue of the SAMJ.

Similar to other publications in the SAMJ, there was stringent peer review of all articles following review by the Editor-in-Chief who ensured oversight of the processes from the submission of the manuscript to its publication. Moreover, the final decision regarding

publication was made in this manner, independently of the Guest Editors.

The authors and Guest Editors are to be congratulated on the constructive and significant norms, standards key messages and recommendations that will go a long way in taking forward caring for obese patients in the country. The critical role of the reviewers is also appreciated.

Professor Ames Dhai
Acting Editor-in-Chief