

CPD questionnaires must be completed online at <https://members.samedical.org/>

Please note: The change in CPD question format comes from the accreditation bodies, who have informed us that CPD questionnaires must consist of a minimum of 5 questions, 80% of which should be MCQs with a minimum of 4 options and only 20% of which may now be in the form of 'True or false' answers.

MCQs may be of 'single correct answer' or 'multiple correct answer' format. Where the question states that more than one answer is correct, choose more than one of *i, ii, iii* or *iv* (anything from two to all answers may be correct), and then select the correct combination from answers a, b, c or d. Where the question states that only one answer is correct, mark the single answer that you think is correct.

Regarding the evaluation of healthcare resource utilisation and costs associated with anogenital warts in South Africa

- Which of the following diseases is regarded as the most common sexually transmitted infection globally? (one answer is correct)
 - syphilis
 - gonorrhoea
 - genital herpes
 - human papillomavirus (HPV).
- Which HPV types are covered by the quadrivalent and nonavalent HPV vaccines? (more than one answer is correct)
 - 2
 - 6
 - 11
 - 17.
 - i, ii*
 - i, iii*
 - ii, iii*
 - ii, iv*.
- What is the main driver for the choice of vaccine in the national vaccine programme? (one answer is correct)
 - clinical effectiveness
 - prevention
 - uptake
 - cost-effectiveness.

Regarding opportunities for health system strengthening to reduce preventable trauma deaths in Western Cape Province

- In the study, what percentage of the health system deaths reviewed were found to be preventable? (one answer is correct)
 - 15%
 - 30%
 - 45%
 - 60%.
- In the study, what percentage of the health system deaths reviewed occurred in the intensive care unit? (one answer is correct)
 - 34%
 - 44%
 - 54%
 - 64%.

Regarding the prevalence of alcohol use, associated risk factors, and the impact on the HIV care cascade among adolescent girls and young women in South Africa

- What is the prevalence of HIV among the general population in South Africa? (one answer is correct)
 - 10.5%
 - 11.5%
 - 12.5%
 - 13.5%.
- What are some of the harmful effects of alcohol use on the developing brain of adolescents? (more than one answer is correct)
 - partial empty sella syndrome
 - complete empty sella syndrome
 - neurocognitive deficits
 - reduced sensitivity to motor impairment.
 - i, ii*
 - ii, iii, iv*
 - i, iii, iv*
 - iii, iv*.
- What are the aims of the Joint United Nations Programme on HIV/AIDS (UNAIDS) 90-90-90 targets? (more than one answer is correct)
 - 90% of people living with HIV to know their status
 - 90% of those diagnosed with HIV to be on ART
 - 90% of those on ART to achieve viral suppression
 - 90% of people living with HIV to lead normal healthy lives.
 - i, iii, iv*
 - i, ii, iii, iv*
 - i, ii, iii*
 - i, ii, iv*.

Regarding routine blood monitoring in acne vulgaris patients on isotretinoin

- What are the major pathogenic factors associated with acne vulgaris? (more than one answer is correct)
 - follicular hypo-keratinisation
 - androgens causing excess sebum production
 - proliferation of the organism *Cutibacterium acnes*
 - immunological and inflammatory responses.

A maximum of 3 CEUs will be awarded per correctly completed test.

INSTRUCTIONS

- Read the journal. All the answers will be found there.
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- a. *i, ii*
- b. *ii, iii, iv*
- c. *i, iii, iv*
- d. *iii, iv.*

10. What is the most significantly concerning side-effect of isotretinoin? (one answer is correct)

- a. psychiatric symptoms
- b. xeroderma
- c. gastrointestinal symptoms
- d. teratogenicity.

Regarding the prevalence and socioeconomic determinants of post-acute sequelae of SARS-CoV-2 among individuals from a peri-urban township and an informal settlement in Johannesburg

11. What were the most persistent COVID-19-related symptoms in the study? (more than one answer is correct)

- i.* headache
- ii.* nausea
- iii.* fatigue
- iv.* coughing.

- a. *i, iii, iv*
- b. *i, ii, iii, iv*
- c. *ii, iv*
- d. *i, ii, iii.*

12. Which of the following statements are true regarding post-acute sequelae of SARS-CoV-2 (PASC)? (more than one answer is correct)

- i.* It is a condition following a COVID-19 infection, when all infected people experience persistent symptoms for >30 days while still actively shedding the SARS-CoV-2 virus.
- ii.* The symptoms of PASC could be of new onset after initial recovery from an acute COVID-19 episode.
- iii.* There could be persistence of symptoms following the initial illness.
- iv.* The symptoms of PASC may fluctuate or relapse over time.

- a. *i, iii, iv*
- b. *i, ii, iii, iv*
- c. *ii, iii, iv*
- d. *i, ii, iii.*

Regarding opportunities to expand delivery of prehospital tranexamic acid to bleeding trauma patients

13. What is a leading cause of preventable injury deaths? (one answer is correct)

- a. gunshot wounds
- b. trauma
- c. uncontrolled haemorrhage
- d. stab wounds.

14. In the study population, cumulatively, how many patients received neither tranexamic acid nor prehospital circulatory supportive interventions? (one answer is correct)

- a. almost a quarter
- b. almost a third
- c. almost half
- d. almost two-thirds.

Regarding strengthening system leadership for the District Health System

15. Which Act of Parliament outlines the role of District Health Systems? (one answer is correct)

- a. National Health Insurance Act
- b. Human Tissue Act
- c. National Health Act
- d. National Public Health Act.

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